

Shinyo No Maki

心要卷

Scroll of indomitable spirit

1 Gyaku Hizagaruma

Reverse Indian death lock

2 Tsuki Hazushi Kotemaki

Club defense

3 Tsukkomi Dome

Waist tackle

4 Sune Shime

Cross shin lock

5 Saru Shime

Monkey choke

6 Tobi Tsuki Tenada

Embedded armlock

7 Obi Otoshi

Killing art

8 Sennin Gake

Knock down a gang

9 Mune Dori

Cross lapel shoulder pile drive

10 Tsuregani Otoshi

Elbow break and throw

11 Inazuma

Electric torch

12 Denko

To kill

13 Kasumi Dori

Combination art

14 Shishi Otoshi

Lion throw

15 Tawara Gaeshi

Counter throw and neck breaker

16 Tonbo Gaeshi

Foot attacks

17 Keri Komi

Defense against a kick

18 Riuko

Tiger and Dragon duel

19 Haya Nawa

Hog tie

20 Katate Tai Atari

Subdue a group

21 Tsuki Mi

Attack the ribs

22 Ate Mi
Knockout blows

23 Zoo Kurawase
Disabling art

24 Tora Nirami
Tiger stare

25 Kiai Dori
Kiai practice

26 Senriyu Tomoe
Series of strikes and kicks

27 Yuki Chigai
Punish offenders

28 Munen Musow
Resting

KIAI NO MAKI
気合巻
scroll of spirit unification arts

1. Waribashi Ori

Chopstick break.

2. Karatake Wari

Split bamboo on tofu with bokken.

3. Hara Age Ishi Wari

Abdomen stone split with sledgehammer.

4. Shiraha Watari

Naked blade walk.

YAWARA STICK

TESSEN NO MAKI

鉄扇卷

fan arts

1 Katate Hazushi
Single hand escape

2 Katate Ori
Single hand break

3 Katsure Wari
Judas tree break

4 Mune Tori
Chest hold

5 Tomoe Mawari
Circular space divide

6 Uchikomi Tome
Driving into block

HANBO NO MAKI

半棒

half-stick arts

1 Ashi Gatame

2 Ashi Kujiki

3 Bo Gaeshi

4 Ganseki Otoshi Garame

5 Koku

6 Oni Kudake

DAITO NO MAKI

大刀合卷

long sword arts

1. Nukimi Tome

2. Shiraha Dori

3. Suso Harai

BO NO MAKI

棒卷

stick arts

1. Hanbo Uchikomi Dori

2. Rokushaku Bo Furi

3. Mune Gatame

4. Shiho Gatame

5. Ninin Shime

6. Furo Shime

7. Shichinin Shime