

Danzan Ryu NYC

Requirements for promotion

Students are expected to:

- Become familiar with Professor Okazaki's Esoteric principles
- Practice proper dojo etiquette
- Know the club's lineage
- Participate in workouts with a spirit of kokua – mutual assistance, respect and welfare
- Always perform techniques with safety in mind
- Keep an up to date notebook of techniques you have learned
- Know that consistent training is the key to a prosperous jujitsu practice
- Know that the highest function of your jujitsu practice is the perfection of character
- For your exams, perform the listed techniques safely and effectively with a minimal exertion of strength. Make it righteous!

Blue belt: techniques below plus variations; rolls & falls; clearing fall (sutemi)

Yawara	Nage	Goshin Jitsu	Shime
Katate Hazushi Ichi	Deashi Harai	Kata Eri Hazushi	Eri Gatame
Morote Hazushi	Sasae Ashi	Katate Tori Ni	Kata Gatame
Momiji Hazushi	Soto Gama	Katate Tori San	
Katate Tori Ichi	Uchi Gama	Katate Tori Shi	
Te Kubi Tori Ichi	Ogoshi		
Ryo Eri Tori	Makikomi		
Akushu Kote Tori	Yama Arashi		
	Uki Otoshi		

Green Belt – blue belt techniques plus those listed below with variations:

Yawara	Nage	Goshin Jitsu	Shime
Katate Hazushi Ni	Okuri Harai	Kata Mune Dori	Juji Gatame
Ryote Hazushi	Soto Momo Harai	Ude Tori	Shiho Gatame
Ryo Eri Hazushi	Seoi Nage	Ude Gyaku 1 & 2	Sankaku Gatame
Moro Yubi Tori	Seoi Goshi	Tekubi Shigarami	Ushiro Gatame
Akushu Ude Tori	Tsurikomi Goshi	Ushiro Daki Nage	
Akushu Kotemaki Tori	Harai Goshi	Hiza Garami	
Kubi Nuki Shime	Hane Goshi	Kesa Nage	

Brown Belt – You are responsible for all of the Yawara, Nage, Shime, Goshin Jitsu and the first five techniques from the Oku. You may be asked to perform some techniques on a noncompliant uke. Incorporate atemi and know variations on the lists below oku.

Danzan Ryu NYC

Yawara

1. Katate Hazushi Ichi
2. Katate Hazushi Ni
3. Ryote Hazushi
4. Morote Hazushi
5. Yubi Tori Hazushi
6. Momiji Hazushi
7. Ryo Eri Hazushi
8. Yubi Tori
9. Moro Yubi Tori
10. Katate Tori
11. Ryo Te Tori
12. Tekubi Tori Ichi
13. Tekubi Tori Ni
14. Imon Tori
15. Ryo Eri Tori
16. Akushu Kote Tori
17. Akushu Ude Tori
18. Akushu Kote Maki Tori
19. Kubi Nuki Shime
20. Hagai Shime

Nage Te

1. Deashi Harai
2. Sasae Ashi
3. Okuri Harai
4. Soto Gamma
5. Uchi Gamma
6. Soto Momo Harai
7. Uchi Momo Harai
8. Ogoshi
9. Utsuri Goshi
10. Seoi Goshi
11. Ushiro Goshi
12. Seoi Nage
13. Tsurikomi Goshi
14. Harai Goshi
15. Hane Goshi
16. Uki Otoshi
17. Makikomi
18. Kani Sute
19. Tomoe Nage
20. Yama Arashi

Shime Te

1. Eri Gatame
2. Kata Gatame
3. Juji Gatame
4. Shiho Gatame
5. Sankaku Gatame
6. Ushiro Gatame
7. Namijuji Shime
8. Gyakujuji Shime
9. Ichimonji Shime
10. Tsukkomi Shime
11. Hadaka Shime Ichi
12. Hadaka Shime Ni
13. Hadaka Shime San
14. Dakikubi Shime
15. Osaegami Shime
16. Kote Shime
17. Tenada Shime
18. Do Shime
19. Ashi Karami Shime
20. Ashi Nada Shime
21. Ashi Yubi Shime
22. Momo Shime
23. Shika No Issoku Shime
24. Shidare Fuji Shime
25. Tatsumaki Shime

Goshin Jitsu

1. Kata Eri Hazushi
2. Katate Tori Ni
3. Katate Tori San
4. Katate Tori Shi
5. Imon Tori Ni
6. Kata Mune Dori
7. Ude Tori
8. Genkotsu Ude Tori
9. Ude Gyaku Ichi
10. Ude Gyaku Ni
11. Ninin Yubi Tori
12. Kata Eri Tori
13. Ushiro Gyaku
14. Kata Hagai
15. Tekubi Shigarami
16. Genkotsu Otoshi
17. Hon Gyaku Ichi
18. Hon Gyaku Ni
19. Ushiro Daki Nage

20. Mae Daki Nage Ichi
21. Mae Daki Nage Ni
22. Kata Guruma
23. Hiza Garami
24. Mae Osaegami Nage
25. Ushiro Osaegami Nage
26. Kesa Nage
27. Ashi Garami
28. Sannin Nage

Oku No Te

1. Deashi Hayanada
2. Ogoshi Hayanada
3. Seoi Hayanada
4. Norimi
5. Sumigaeshi
6. Mizukuguri
7. Mae Yama Kage
8. Komi Iri
9. Kote Gaeshi
10. Saka Nuki
11. Gyakute Nage
12. Hon Tomoe
13. Katate Tomoe
14. Shigarami
15. Gyaku Shigarami
16. Kote Shigarami
17. Ko Guruma
18. Tora Nage
19. Tora Katsugi
20. Arashi Otoshi
21. Hiki Otoshi
22. Kine Katsugi
23. Kin Katsugi
24. Kaza Guruma
25. Jigoku Otoshi